

## UnitedHealthcare

### Duke Energy myHealth Connect Video: Diabetes Management Transcript (:57)

|                 |                       |   |
|-----------------|-----------------------|---|
| LOGO:           | 00:01                 | United Healthcare   |
| SUPER:          | 00:08                 | When you have questions about your health plan, an expert is always close at hand.  |
| Dana Caddell:   | <a href="#">00:10</a> | We put the X and experts.   |
| Zain Hemani:    | <a href="#">00:12</a> | That's a good one.  |
| SUPER:          | 00:18                 | My doctor said I'm prediabetic. What should I do?   |
| Zain Hemani:    | <a href="#">00:18</a> | Prediabetes means your blood sugar levels are high, which puts you at a risk of developing type 2 diabetes.   |
| SUPER:          | 00:18                 | Benefits Advocate Lead   Benefits Advocate  |
| Suzanne Stark:  | <a href="#">00:23</a> | Your MyHealth Connect team includes dedicated clinical nurses, just like me, who can help you with chronic conditions, just like diabetes.          |
| SUPER:          | 00:30                 | Registered Nurse   Registered Nurse   |
| Deanna Pacheco: | <a href="#">00:30</a> | Like Omada Health, a prediabetes, diabetes support program that includes education, blood sugar monitoring, and coaching to promote healthy habits. |
| LOGO:           | 00:30                 | omada   |
| URL             | 00:30                 | omadahealth.com/dukeenergy  |
| SUPER:          | 00:39                 | Clinical Nurse Team Lead   Registered Nurse   |
| Suzanne Stark:  | <a href="#">00:41</a> | It's helped a lot of our members feel like they're in control of their diabetes instead of the other way around.                                    |
| Zain Hemani:    | <a href="#">00:46</a> | There's really no question that's too big or too small.   |
| Audrey Jeffrey: | <a href="#">00:48</a> | So if it's about your health plan...  |
| Suzanne Stark:  | <a href="#">00:50</a> | We're here to help.   |
| SUPER           | 00:53                 | Talk to a Duke Energy myHealth Connect team member today.   |
| LOGOS           | 00:55                 | United Healthcare   |

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|-------|-------|-----------------------|
|       |       | Duke Energy           |
|       |       | wellPower             |
|       |       | myHealth Connect      |
| SUPER | 00:55 | Call myHealth Connect |
|       |       | 1-877-214-2930        |